

# Township of Rochelle Park & EZ Ride Learn 2 Ride & Safe Bike Skills Class Midland School 300 Rochelle Avenue, Rochelle Park NJ



# Hone Your Bicycle Skills

The Township of Rochelle Park and EZ Ride are working together to educate the community's youth on the importance of bike safety through a short presentation, and then giving a chance for riders of all experience levels to test their knowledge and become confident riders.



### SATURDAY, OCTOBER 12 8:30AM - 11:15AM

### **Questions?**

### Lt. Ed Kukalski

ekukalski@rochelleparkpd.org

#### **Mike Johnson**

mjohnson@ezride.org

<u>Register, request a helmet, and</u> <u>access and print the waiver with</u> <u>this QR Code or click this link:</u>







## Schedule

- 8:30 am 9:30 am: Learn 2 Ride Class
- 9:45 am -11:15 pm: Safe Bike Skills Class

### Learn to Ride Class:

Proper Helmet Fitting, Balance, First Approach Starting and Stopping, Pedaling

### Safe Bike Skills Class:

Proper Helmet Fitting, Pre-Ride Safety Check Starting, Stopping, Scanning, Signals, Turning, Bike Handling & Safe Riding Tips

#### Learn to Ride Requirements

- Age 5+ only
- Parent /guardian must attend
- Inflate tires before class & remove and bring pedals
- Link to remove pedals

#### **General Requirements**

- Kids must wear a helmet & sneakers
- Bring a waiver signed by parent or guardian to participate.